



CERTIFICATION REQUIREMENTS BY LEVEL

PLAYEr

Minimum Age: 7

Entry level into The First Tee, no matter golf skill level or age. The emphasis of the PLAYEr level is to introduce playing the game of golf with special emphasis on learning golf and The First Tee Code of Conduct, appreciating the rules and etiquette of the game, and developing a young person's game in golf and life.

CERTIFICATION REQUIREMENTS

Core Lesson Exposure: Attends a minimum of 3 class sessions.

Written Assessments: Successfully completes Life Skills and Golf Knowledge tests.

Playing Requirement: Complete one 9-hole round and the PLAYEr must demonstrate they can play fast, safe, and courteous manner. They must record their score accurately (Honesty) but no specific score is required.

Putting: Complete a 9-hole putting course and record their own score. This is usually completed in class.

Observable Behaviors: In addition to the certification requirements, coaches look for certain behaviors during classes. At the PLAYEr Level those behaviors are: showing respect, courtesy towards others, responsibility for the course, showing honesty, modeling sportsmanship, developing confidence, using good judgment, playing with perseverance, and living with integrity.

PAR

Recommended Minimum Age: 9

Emphasis on interpersonal communication and self-management skills on and off the course.

CERTIFICATION REQUIREMENTS

Core Lesson Exposure: Attends a minimum of 3 class sessions.

Written Assessments: Successfully completes Life Skills and Golf Knowledge tests.

Playing Requirement: Completes one 9-hole round and the PLAYEr must demonstrate they can play in a fast, safe, and courteous manner. They must record their score accurately (Honesty) and score under 72 strokes.

Putting: Complete a 9 hole putting course with a maximum score of 27.

Short Game: Complete a 3 hole short game course with a maximum score of 12.



BIRDIE

Recommended minimum age 11

Emphasis on setting goals and making them a reality.

CERTIFICATION REQUIREMENTS

Core Lesson Exposure: Attends a minimum of 3 class sessions.

Written Assessments: Successfully completes Life Skill and Golf Knowledge tests.

Playing Requirement: FIVE 9-hole rounds and the PLAYER must demonstrate they can play in a fast, safe, and courteous manner. They must record their score accurately (Honesty) and score under 63 strokes. Distance requirement: 1,900-2,500 yards

Putting: Complete a 9 hole putting course with a maximum score of 23

Short Game: Complete a 6 hole short game course with a maximum score of 21

Full Swing (Greens): Must hit 3 out of 6 greens from a distance of 55 to 75 yards.

EAGLE

Recommended Minimum Age: 13

Emphasis on learning resilience, conflict resolution, and future planning.

CERTIFICATION REQUIREMENTS

Core Lesson Exposure: Attends a minimum of 3 class sessions.

Written Assessments: Successfully completes Life Skills and Golf Knowledge tests.

Playing Requirement: Complete TEN 18-hole rounds and the PLAYER must demonstrate they can play in a fast, safe, and courteous manner. They must record their scores accurately (Honesty) and score under 108 strokes. Distance requirement 5,000-6,000 yards

Putting: Complete a 9 hole putting course with a maximum score of 18

Short Game: Complete a 9 hole short game course with a maximum score of 27

Full Swing (Fairways): Must hit a fairway target 3 out of 6 times.

Full Swing (Greens): Must hit a target green 3 out of 6 times from a distance of 80-100 yards.